

TIME TO ACT



Help shape the future of the Isle of Wight's health and care services

There are a number of challenges facing our health and care services.

We know our services are not coping and we are speaking to health and care professionals, providers of care and island residents to understand where the key problems are so we can make changes to services to meet the needs of our population in the next decade and beyond.

Over the next few months six working groups will be focusing on the most critical areas where residents could benefit most from changes.

Each of the following groups will include people from the island's health and care services, the voluntary sector and the general public.

Mental Health, services for adults needing hospital admission as well as ongoing care and support for recovery in the community.

Women and Children, services for women during pregnancy and birth, the physical and mental health of children and adolescents.

Urgent Care, services which people rely on for immediate and unplanned care for example accident and emergency.

Planned Care, services including hospital care, for example where people need a planned operation.

Frailty, support for people who are frail and vulnerable, for example those with dementia as well as planning for the last years of life.

Long Term Conditions, services to keep people independent and able to manage their own condition with professional support, such as diabetes.

We need you to help us take action

We need you to help us by joining one of our groups and we would like:

1. People who are **enthusiastic and positive** about improving our health and care services.
2. Island residents who have an **understanding and interest** in one or more of these areas – through personal experience or via friends or family.
3. People who are **committed** and able to devote at least 20-25 hours of time over 5-6 weeks from the end of April.

We will be able to cover any reasonable expenses.

Interested in joining our working groups?

Please email MLAFL@iow.gov.uk by **22nd April** telling us which working group you are interested in, and how you meet the three attributes outlined.

You can also visit www.mylifeafulllife.com/timetoact to complete our survey. We really want to hear from people before **27th May**.

