

In this issue...

News

- 2 Spring Holidays Guide
- 2 Isle of Wight Long Distance Walkers Association (IOW LDWA)
- 2 Charity Commission 2014 return goes live
- 2 Adult Community learning - Your Views
- 2 Social Impact Bonds
- 3 Volunteer as a First Aid Educator for Young People
- 4 How can the VST help you?

Funding

- 5 My Life A Full Life - two new prospectuses launched
- 5 Give It Up Fund
- 6 Summer Play Schemes
- 6 The MSE Charity
- 6 Help The Homeless's
- 6 The Kelly Family Charitable Trust
- 6 Peter Cruddas Foundation

Training and events

- 7 Training Courses - Community Action Isle of Wight
- 7 Social Impact Bonds
- 7 Learning Lessons Workshop
- 8 IW Community Club events
- 9 Skate Club with Wight Trash
- 10 December Sunday walking group
- 11 Sister Act - Shanklin Theatre
- 12 Introductory workshop - Anxiety in Children and Young People
- 13 West Side Story - Film@ Trinity Theatre
- 14 Carousel - Trinity Theatre, Cowes
- 15 Living with Long Term Conditions Cafe- April events
- 16 Community Quiz night
- 17 Eco-therapy Programme

Items published on behalf of other organisations and are accepted in good faith. We are not responsible for contents supplied by other organisations and inclusion in our newsletter does not necessarily imply CAIOW endorsement.

News

Spring Holidays Guide

Spring Holidays Guide from the Family Information Zone - [here](#)

Isle of Wight Long Distance Walkers Association (IOW LDWA)

The IOW LDWA is a friendly, expanding group and seeks to combine longer distance walking with sightseeing and a chance to meet like-minded people. A wide variety of coastal and inland walks have now been established to attract walkers of all ages.

Distances from 10 to 73 miles are covered, and a 24-hour round-the-island walk is programmed each year for the same day (and direction) as the Round the Island Yacht Race. Most of the walks are quite casual, with lots of beaches and bars.

It is not mandatory to be a LDWA member to join any initial walks. However, you are expected to join the LDWA if you eventually wish to become a full or associate member of the group. LDWA Membership costs about £13 a year, and not only allows you to join (and support) the IOW Group, but also opens up access to a multitude of other groups and walks around the country. LDWA website: www.ldwa.org.uk/isleofwight

For further details please contact David on: 07718-685936 or rowdy_tls@hotmail.com or isleofwight@ldwa.org.uk

The group looks forward to walking with you. Download a list of future walk dates [here](#)

Charity Commission 2014 return goes live

The Charity Commission, the independent regulator of charities in England and Wales, has updated the annual return form for 2014 which is now available to complete online via the Commission's website. This is accompanied by new guidance to help those completing the form.

www.charitycommission.gov.uk/news/

Adult Community learning - Your Views

Further to the Adult Community Learning Network last week, please find below a link to an online survey which will help the Isle of Wight Council Adult Community Learning Service to define its funding prioritises for the academic year from September 2014.

www.surveymonkey.com/s/adultlearningplan2014

There are approximately 20 questions and opportunities for you to provide additional comments if you wish.

Many thanks for taking the time to participate in this consultation, the survey will be available until the end of April.

Social Impact Bonds

New funding for tackling our biggest issues

Social Impact Bonds are getting a lot of national press coverage about the potential for them to provide funds to support services to address key national and local issues. So a local event is being put on to hear about experiences to date from elsewhere and to start considering whether this is an approach we wish to pursue locally.

If you're a voluntary group and in particular a voluntary group currently delivering public services under contract, which wants to find out more and contribute to the debate about how we consider taking this forward locally, please come along.

Friday 16th May 2014, Riverside Centre, Newport, Isle of Wight

View the full agenda here: www.communityactionisleofwight.org.uk/social-impact-bonds/

If you're intending to attend please email kmoul@actioniw.org.uk to confirm.



First Aid Educator for Young People

Photo: © Teri Pengilley/BRC

Volunteers Wanted across Hampshire, Surrey and Isle of Wight

As a Young Person Community Educator you will teach people how to respond to everyday first aid emergencies. You could be working closely with children and young people, refugees, homeless people or disabled young people.

For this role, we're ideally looking for someone who has had experience of working with young people or is a young person themselves. You'll need good communication and interpersonal skills although full training will be given.

Interested? Contact our Volunteering Team on 02392 894202 or e-mail HIOWSvolunteeradmin@redcross.org.uk.

redcross.org.uk

The British Red Cross Society, incorporated by Royal Charter 1908, is a charity registered in England and Wales (220949) and Scotland (SC037738). Information correct at date of print

Refusing to ignore people in crisis

**Voluntary
Support
Team**
Community Action Isle of Wight



01983 524058

Helping communities help themselves



The Island's Council for Voluntary Service

Registered Charity No. 1063737

Company Limited by Guarantee Registration No. 3340032

Community Action Isle of Wight

Riverside Centre, Newport, PO30 2QR Telephone: 01983 524058 e-mail: hello@actioniw.org.uk web: www.communityactioniw.org.uk

Sheet prepared by Nigel Parrish, CVS News and Information e-mail: nparrish@actioniw.org.uk

Registered charity No. 1063737 Company Limited by Guarantee Registration No. 3340032



Funding

My Life A Full Life – two new prospectuses launched

Two new prospectuses have been issued for funding opportunities relating to the My Life a Full Life programme

My Life a Full Life Infrastructure Prospectus 2014

The aim of this particular prospectus is to provide support to build the quality/capacity of key ‘community infrastructure’ facilities (most likely to be buildings or equipment) which have a strong focus on the delivery of the MLAFL programme.

This funding is to help local voluntary organisations with a 'one off' capital spend of up to £10,000 that can be used to refurbish an existing building from which the service is run from and/or to purchase item/s of equipment that will enhance the facilities and add capacity to the MLAFL programme. The closing date for applications is Wednesday 16th June 2014 (12 mid-day)

The prospectus can be found on the Community Action [website](#)

All proposals for this prospectus should be discussed with Elizabeth Martin on 01983 539376 or by email emartin@actioniw.org.uk before work commences on any potential bid for this funding. This is the only way to secure an approved application form. The closing date for applications is Monday 9th June 2014 (12 mid-day)

Long Term Conditions Peer Support Group Prospectus 2014

Part of the My Life a Full Life programme of planned activity is to help people to support and care for themselves will be to commission self-help groups and peer support programmes on the Isle of Wight through working in partnership with the Third Sector. This Prospectus is open to new and existing voluntary and community support groups that work to with, and for, individuals with specific long term conditions and the families, carers and friends. Bids are invited that support people living with a specified long term condition.

Bids will be expected to contribute to some or all of the following objectives:

- Supporting people to manage their health condition more effectively
 - Developing new activities within the group to help people develop their knowledge and skills to self manage their specific health condition
 - Providing information about local support options and services for that health condition
 - Producing a patient information pack

Individual applications can bid for sums up to £10,000. The closing date for applications is Monday 16th June 2014 (12 mid-day)

All proposals for this prospectus should be discussed with Elaine Garrett, Health and Wellbeing Development Manager on 01983 524058 or by email egarrett@actioniw.org.uk before work commences on any potential bid for this funding. This is the only way to secure an approved application form.

The prospectus can be found on the Community Action [website](#)

The Prince's Regeneration Trust (PRT)

The fund is aimed at the growing number of investors seeking to use their capital to generate social impact as well as financial return. It will invest in social enterprises based in deprived locations to enable them to acquire empty or neglected important local assets before they fall further into disrepair. These buildings will then be redeveloped in partnership with their local community to once again become relevant, engaging and accessible spaces, restoring a sense of purpose, pride and possibility to an area.

Website [here](#)

Give It Up Fund

The fund has 4 aims:

- To promote abstinence based recovery
 - To increase access to abstinence based treatment
 - To help sustain addiction free recovery
 - To reduce stigma towards those with addictions

There are currently two grant making programmes:

A pilot scheme that will build a community-wide approach in local areas to increase the support available to help people sustain recovery - known as building 'recovery communities'.

Grants up to £5,000 to help ‘recovery graduates’ and others run activities and other services focused on helping people to sustain addiction free recovery and reduce stigma towards those with addictions.

[Website here](#)

Summer Play Schemes

The Fund has allocated a small budget to help community groups run summer play schemes for disadvantaged communities. Some priority will be given to projects which show they are inclusive of children from refugee families, and show BME involvement.

Trustees look to fund:

- Projects for children aged 5 to 16 years
- Locally based schemes lasting from 2 to 6 weeks
- Schemes with strong volunteer support

Applications are accepted from voluntary agencies with an income of less than £120,000.

Website [here](#)

The MSE Charity

The MSE Charity provides grants to constituted community based groups (including schools) to help fight financial and consumer illiteracy and to educate and inform adults and children about consumer and debt issues. Under the programme, grants of up to £5,000 are available for group projects such as self-help groups, schools, workshops and other innovative schemes that seek to educate people about money, debt and consumer issues. The grant can be used to pay for financial education course fees and other associated expenses. Priority will be given to groups with an annual income of less than £300,000.

The closing date for applications will be the 31st May 2014 or when 40 applications have been received

Website [here](#)

Help The Homeless's

Main funding remit is the regular allocation of grants (generally up to £5,000) for capital costs to small and medium-sized registered charities only (those with a turnover of under £1m per annum).

All applications must relate to projects that assist individuals in their return to mainstream society, rather than simply offer shelter or other forms of sustenance.

Website [here](#)

The Kelly Family Charitable Trust

Is open to applications from registered charities whose activities involve all or most family members in initiatives that support and encourage the family to work as a cohesive unit in tackling problems that face one or more of its members.

The fund also welcomes applications from sports and health-related charities whose activities comply with the above criteria. Grants are of between £1,000 and £5,000, but higher grants may be considered.

The next closing date for applications is the 1st September 2014.

Website [here](#)

Peter Cruddas Foundation

We aim to benefit disadvantaged and disengaged young people in our society here in the UK by ensuring our funding reaches those most in need.

We achieve our aims and objectives through making grants for charitable work. We wish to build relationships with our supported organisations and foster collaboration whenever and wherever we can.

Those we cannot help financially, we hope to help in other ways, through mentoring, business planning and networking. Charity meets the unmet need and our funding is always driven towards meeting that need in our area of interest.

Peter Cruddas Foundation funding criteria

The Foundation gives priority to programmes designed to help disadvantaged and disengaged young people in the age range of 14 to 30, to pursue pathways to Education, Training and Employment with the ultimate aim of helping them to become financially independent.

Website [here](#)

Training and Events

Training Courses – Community Action Isle of Wight

Trustee Responsibilities 10 am– 2 pm, Wednesday 23rd April

Restaurant Riverside Centre, Newport Cost: £40 inc light lunch

If you are unsure of what a trustee is or what your responsibilities as a trustees are then this is the course for you.

Norman Wilkins is an experienced trainer with a wide breath of knowledge and experience and a board member of Community Matters. With the later part of the day dedicated to a 'Nuts and Bolts' session where participants can ask questions about their charity or premises. Please submit your questions in advance.

Online fundraising/top level social media 10.30am – 12.30pm

Wednesday 18th June Restaurant, Riverside Centre, Newport Cost: £10 per person

This workshop delivered by Hampshire and the Isle of Wight Community Foundation is intended for people with an active social media presence, or those already possessing the skills to create one, who want to learn how to turn their online activities into fundraising opportunities. It gives an overview of all the available online donation portals and discusses a few of these in more detail. Furthermore, the workshop covers making use of social media and other e-resources for 'Calls to Action', using these to promote your donation portal and encourage people to make donations with engaging content and a coordinated strategy. This also contains higher level social media tips.

Grants Workshop 1.30pm – 4pm, Wednesday 18th June

Restaurant, Riverside Centre, Newport Cost: £10 per person

Hampshire & Isle of Wight Community Foundation will provide information about the grants they manage how to apply and what makes a good application. To book places on any of these course please complete the [booking form](#) and return it to kmoul@actioniw.org.uk If the attendance fee is a barrier to attendance please get in touch to see if we can help.

Social Impact Bonds

New funding for tackling our biggest issues

Friday 16th May 2014, Riverside Centre, Newport, Isle of Wight

Social Impact Bonds are getting a lot of national press coverage about the potential for them to provide funds to support services to address key national and local issues. So a local event is being put on to hear about experiences to date from elsewhere and to start considering whether this is an approach we wish to pursue locally.

If you're a voluntary group and in particular a voluntary group currently delivering public services under contract, which wants to find out more and contribute to the debate about how we consider taking this forward locally, please come along. View the full agenda here: www.communityactionisleofwight.org.uk/social-impact-bonds/

If you're intending to attend please email kmoul@actioniw.org.uk to confirm.

Learning Lessons Workshop

1st May 2014 - A practical multi-agency workshop to explore how agencies can work effectively together to safeguard children by considering lessons from recent serious case reviews.

Part day course for Multi-agency front-line practitioners and managers Presented by Members of the Isle of Wight Safeguarding Children Board and the Serious Case Review Sub Group Outcome. Agreeing how and where practice can be improved to better safeguard children after considering lessons from recent serious case reviews.

Booking Information Book on one of the 3 time slots available on 1st May 2014:

10:00am – 12:30pm OR 2:00pm – 4:30pm OR 5:00pm – 7:30pm

Venue: Riverside Centre, Newport To book a place please complete and return the [application form](#) to:

learning.development@iow.gov.uk or Community Learning Centre, Westridge, Brading Road, Ryde, Isle of Wight, PO33 1QS.

PLEASE NOTE: No cost as fully funded by Isle of Wight Local Safeguarding Children's Board There will be a charge of £50 for non-attendance or cancellations within 2 weeks of the course.

IW Community Club events

Childrens Easter Egg Hunt - Saturday 19th April from 12:00 noon

A great Easter Egg Hunt in the grounds of the club, then an Easter family Quiz and an Easter Bonnet Contest (make your bonnets and bring for judging) prizes to be won, an Easter Egg for all Children plus the Eater Draw (buy your tickets now).

Cheese & Wine Night - Saturday 19th April from 19:30

Wine £1 a glass, free cheese and crackers, live music set with Jessica White. Members free/Guests £3.

Murder Mystery Night - Saturday 3rd May from 19:30

A night of Murder, the Panto Players stage a murder and we have to work out who'dunnit! Based around VE Day entitled "A Brief Period of Rejoicing". We hope the evening is a killer - Tickets on sale from April 1st £5 each (including ploughmans supper).

Derek Sandy Live - Saturday 24th May from 19:30

Island legend Derek Sandy returns - bringing his set of reggae music. Members Free and their guests £1.

30th Celebration Day - Sunday 25th May from 15:00

A day at the club for all the Family and your friends welcome, including a Vintage Car Show, The White Hot Pipes Show, Family Sports, Candy Floss, Face Painting. Then in the Evening from 20:00 THE CLUBS GOT TALENT - its all on Bank Holiday Weekend. Free entry, free parking & free fun for all the family!

Comedy Night - Saturday 7th June from 19:30

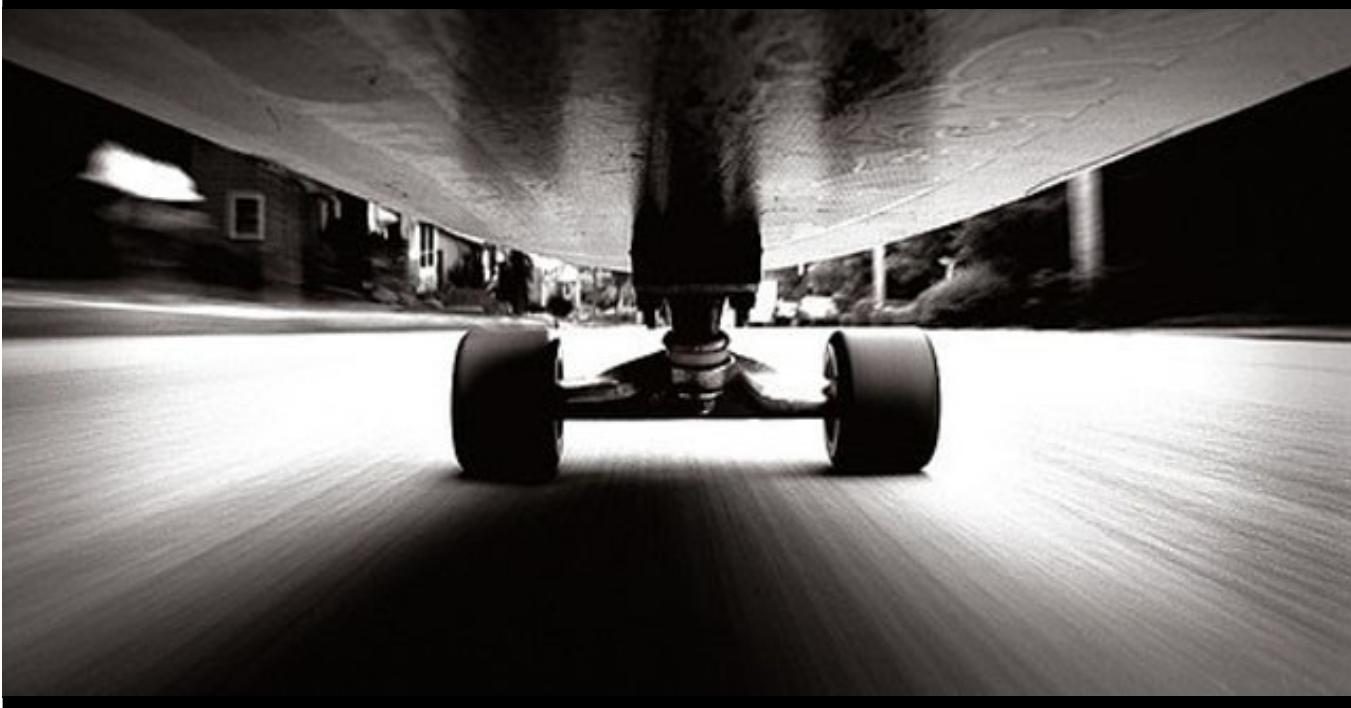
A night of Comedy with professional Mainland Comedians from the comedy circuit, over 16's only and may contain material some find offensive and some find funny! Tickets on sale from May 1st at £7 each.

Joey & the Jivers – Celebrate 4th July

Our Rock n Roll party with Joey and the Jivers live show, American Diner Food and optional fancy Dress! More details soon. Events coming soon at the IW Community Club, Park rd, Cowes. Tel:292238 or see www.iw-communityclub.co.uk

SKATE CLUB

WITH **WIGHT TRASH**



WEST WIGHT SPORTS CENTRE

Monday - 7th and 14th April

3.45 til 4.45

4.45 til 5.45

£4

Sunday - 6th and 13th April

5 til 6 Under 13's

6 til 7 Over 13's

£4

Saturday 12th April

4 til 6

Over 13's Only

£5

Sessions bookable in advance - All equipment provided or bring your own - All abilities welcome

Moa Place Freshwater, Isle of Wight, PO40 9XH
01983 752168

www.westwight.co.uk



WAY FORWARD PROGRAMME

Sunday Walking Group

**A walking group for people with
mental health problems or learning disabilities**

Join us each week as we explore the Islands beautiful countryside,
make new friends and enjoy lunch at a café or tea rooms

For more details or to book contact Lee White on
01983 523000/07528 838055 or leewhitewf@gmail.com

WALKS IN APRIL

6th April - 11am - Meeting at St Thomas St Lower car park, Ryde (PO33 2DL), this is a flat route

13th April - 11am - Meeting at St Helens Green car park, (PO33 1UJ), mainly flat route, with some inclines

20th April - 11am - Meeting at River Road car park, Yarmouth (PO41 0NL), this is a flat route

27th April - 11am - Meeting at the car park next to Ryde Golf Course (PO33 3NF), this route has some inclines

All walks are circular and will last approx 3 hours (inc lunch)

www.wayforwardprogramme.co.uk

Charity No: 1007947

ISLAND SAVOYARDS
PRESENT

SISTER ACT

THE MUSICAL

Music by
ALAN MENKEN

Lyrics by
GLENN SLATER

Book by
CHERI STEINKELLNER
& BILL STEINKELLNER

Additional Book Material
DOUGLAS CARTER BEANE

Based on the Touchstone Pictures Motion Picture 'Sister Act'
written by Joseph Howard

SHANKLIN THEATRE

APRIL 17-20 AT 7.30PM
MATINEE APRIL 21 AT 2.30PM

TICKETS £15 UNDER 16S £10
GROUP RATES AVAILABLE

BOX OFFICE 868000 BOOK ONLINE WWW.SHANKLINTHEATRE.COM

An Introductory Workshop on Anxiety in Children and Young People

**Wednesday 23rd April 5.30pm-7.30pm
At the Community CAMHS Clinic
7 Pyle Street, Newport, PO30 1JW
Tea and Coffee will be provided**

**This workshop is open to any professional working
with children and young people (0-18 years)
If you would like to attend please contact us on:**

ccamhs@iow.nhs.uk

**Places are limited and will be given on a first come
first served basis. If you book a place and are then
unable to attend please contact us as soon as possible
or send someone else in your place.**

Isle of Wight NHS Trust

Community CAMHS
7 Pyle Street
Newport
Isle of White
PO30 1JW

Phone: 01983 523 602
E-mail: ccamhs@iow.nhs.uk



THE SCREEN ACHIEVES ONE OF THE GREAT ENTERTAINMENTS
IN THE HISTORY OF MOTION PICTURES



MIRROK PICTURES PRESENTS
"WEST SIDE STORY"
A ROBERT WISE
PRODUCTION

STARRING NATALIE WOOD

RICHARD BEYMER RUSS TAMBLYN
RITA MORENO GEORGE CHAKIRIS

DIRECTED BY ROBERT WISE AND JEROME ROBBINS SCREENPLAY BY ERNEST LEHMAN
ASSOCIATE PRODUCER SALLY CHAPLIN / CHOREOGRAPHY BY JEROME ROBBINS
MUSIC BY LEONARD BERNSTEIN LYRICS BY STEPHEN SONDEHIM
BASED UPON THE STAGE PLAY PRODUCED BY ROBERT E. GRIFFITH AND HAROLD S. PRINCIPAL
BOOK BY ARTHUR LAURENTS

PLAY CONCEIVED, DIRECTED AND CHOREOGRAPHED BY JEROME ROBBINS
PRODUCTION DESIGNED BY WORIS LEVINE / FILMED IN PRINCIPALITY BY MIRROK PICTURES
PRESENTED BY MIRROK PICTURES, INC., IN ASSOCIATION WITH SEVEN ARTS PRODUCTIONS, INC.
RELEASED THRU UNITED ARTISTS

WEST SIDE- STORY

**Thursday 17th April
7:30pm. £4.50 on the door**

TRINITY THEATRE, COWES

presents

RODGERS & HAMMERSTEIN'S CAROUSEL

Music by RICHARD RODGERS
Book and Lyrics by OSCAR HAMMERSTEIN II



Evening Performances (7:30pm)

**25th & 26th April and
2nd & 3rd May, 2014**

Tickets: £9.00 (Adult) & £6.00 (under 16s)

**Book online: www.caods.org.uk
Telephone Ticket Line: (01983) 295229**

Based on Ferenc Molnar's Play "Liliom"

As adapted by Benjamin F. Glazer

Original Dances by Agnes de Mille

An amateur production by arrangement with R&H Theatricals Europe Ltd.

Living with Long Term Conditions

A café for those with a long term condition and their carers,
providing information, support and gentle exercise

Thursday mornings

10am - 12noon

3rd April - Information and Support for People with Parkinson's

Rosemary Smith/Pauline Hanson - Parkinson's UK

AGE UK Surgery - to book an appointment call Clare Martin on 525282

10th April - Improving Fire Safety in the Home

Kelvin Wright - IW Fire Service



17th April - Creating a Dementia Friendly Community

Emma Lincoln - Age UK IW Health and Wellbeing Officer

24th April - Caring for your Voice

Hannah Devereux - Specialist Speech and Language Therapist

The Independent Living Centre and Red Cross attend each week
IW Epilepsy Support Group attend on 1st Thursday of the month

Don't forget the FYT bus stops regularly outside the sports centre

£2 to include cup of tea or coffee

West Wight Sports Centre

Moa Place, Freshwater, Isle of Wight, PO40 9XH

www.westwight.co.uk/living-with-long-term-conditions

krissy@westwight.co.uk 01983 752168



West Wight
SPORTS CENTRE

My life
a full life

Trinity Theatre, Cowes

presents

Community Quiz

in aid of

Ability Dogs
4 Young People

SATURDAY 10TH MAY
AT 7:30PM

Teams of 4, £2.50 per person.

Raffle. Loads of Fun.

Licensed Bar. Everyone Welcome.

To reserve a table,
email publicity@caods.org.uk. Or
Call or text 01983295229.

borderlands

Eco-Therapy Programme

Would you like to feel better about yourself by experiencing what nature has to offer?

Our 12 week programme aims to engage you on a journey of self-discovery using nature, ecology and the natural environment.

Our programme will help you:

-  enhance your self esteem
-  build confidence
-  have fun
-  build friendships
-  learn about nature

Workshops are interactive and aimed at helping you to feel connected and engaged with nature.

To book a place please visit www.hamptontrust.org.uk/ecoadult or email:
tobyeaglen@hamptontrust.org.uk

Shide Ecotherapy Centre
 Shide Road, Newport, IOW, PO30 1HR
 t: 01983 530097
 w: www.hamptontrust.org.uk
<http://www.facebook.com/hamptontrustecoprojectiow>



Charity No: 1055209

